

Kum 2020 kitelpi ah hatlo ngalliam te mee khiat dan.

Tutung a COVID-19 natna kidalna tawh kisai thutangko te tawh ki tuak in kalsuan idng a hi hi.

Hatlo ngalliam te in Kitelpi thukhun te tawh kituak in kuamah muhloh ding in mee khia thei uh hi.

Meebuk ah pai ding.



Na khutte lak ding.



Mee sazan ah suaikaih thuh ding.



Mee tang laidal te thoh ding.



Mee tang laidal tung ah seal tum suk ding.



Mee tang laidal pen meebung sung ah khia ding.



Khut melengno tung za nuh ding in pusuak kik ding.



Kitelpi ni ah hatlo ngalliam te meekhiat dan anop ding in vaihawm zia te.



LAMPI NUAM SIAL DING!

Hatlo ngalliam meebuk hong pai ciang hatsatna a om loh na ding vai hawm kul hi. Akhak tan leh a pal theih ding uh van leh na te om sak lo ding. Hong ton pih te'n a gei pan huh kawm ding.



AKI ZANGTHEI MEE KHIATNA MUN

Mee khiatna mun a zat, sabuai leh meebung om na te in hatlo ngalliam te bat theih na mun ah koih khol ding.



Meebuk te innnuaidawl (ahkl) Domto

kahlei a om na mun ah koih in mee khiat dan a baih na ding vai hawm ding. Kumham te, Hatlo ngalliam te, Naupang tonpih anei numei te masa sak ding.



AKI SAP LEH HUHNA TAWH MEE KHIA DING

Hatlo ngalliam te'n a mau amimuan khat i huhna tawh mee khia thei hi. Meebuk thunei te'n a huh ding om lo hatlo ngalliam te huhna ngah na ding vai hawm sak thei hi. Numei a hih khak leh meebuk cing sung pan numei te'n huh huai hi.



Na ci a nat leh inn ah om in. Siavuan te khiang huhna ngen in.



Khat le khat pi 6 hal in om un.



A pua pusuah sim mutuam zang in.



Khut kilen kei un.



Namai khoih khoih kei in.



Bukkhu ciang namuk le kam hubit in. Tissue zang hamtang in.



Na khut satpiang tawh sawp siang pah pah in.



Na zatbang tissue te ninbung sung ah limtak pai in. Na khut zong sawp siang den in.